



CORPORATE SOCIAL RESPONSIBILITY - FY 2023-24

Our company Intersea Maritime Limited has given CSR contribution to 4M trust (Estd. since 2005) which is registered under Indian Trust Act, 1882 with CSR registration number CSR00028620.

The Objective of the Trust is to help people below poverty line and to "Empower Women" by providing them vocational training, entrepreneurial training and creating self-employment by promoting Women's self help groups.

For the financial year 2023-24 the CSR committee and the Board of directors have approved to contribute for Health awareness training programme conducted by the <u>4M trust</u>. The programme focuses on the "Prevention of diseases in Women and their overall wellbeing".

A booklet on Sanitation, Hygiene and wellbeing was crafted with utmost care by Mr. Periathambi- Manager and Health awareness Trainers Mr. Chirstopher, Mrs. Pramela, Mrs. Tamilarasi, Mrs. Vijaya and Mrs. Karthiga was issued to the participants.







The health awareness programme was inaugurated by conducting a seminar on 21st August 2024 at Egmore with the members of various "Women Self-help groups" associated with 4M TRUST as participants.



Further, the health awareness sessions were conducted at various parts of the city. Women from the slum areas and other economically backward places were highly benefited by the programme. One-on-one guidance was also given by the trainers about certain sensitive health and hygiene issues.

Health Awareness programme @ Abhiramapuram









- Health Awareness programme @ Villivakkam

Health awareness Programme conducted at Women's shelter home









Health awareness Programme @ Nagireddy thottam









- Vyasarpadi